

QUICK GUIDE TO POLK COMMUNITY RESOURCES

This guide is a list of most frequently requested community resources and services. If you would like information about these programs, or you need a referral to a program to meet your need, **Dial 2-1-1** or 863.648.1515; 1.800.881.UWAY (8929)

ABUSE: CHILD & ADULT

Abuse Hotline..... 800-962-2873
 Guardian Ad Litem Program..... 534-4605
 Gulf Coast Community Care904-3000
 Peace River Center Domestic Violence Shelter
 -Women, Men & Families.....413-2700

ADOPTION

Catholic Charities-Lakeland.....686-7153
 Winter Haven.....299-7983
 Children's Home Society.....413-3126
 Florida Baptist Children's Home.....688-4981
 Florida Adoption Info Ctr.....800-962-3678

AIDS AWARENESS

Patient Care Services.....519-8233
 Polk County Health Department.....413-2620

ALCOHOL/DRUG ABUSE

ACTS.....428-1520
 Alcoholics Anonymous.....687-9275
 Al-Anon.....687-3800
 Toll Free.....866-539-3030
 Drug Helpline.....800-662-4357
 InnerAct Alliance.....802-0777
 Narcotics Anonymous Helpline.....683-0630
 Peace River Center.....248-3311
 Talbot House Ministries.....687-8475
 Lakeland Grace Academy.....647-1944
 Tri-County Human Services.....533-4139

CONSUMER ASSISTANCE

Consumer Services (State).....800-435-7352

CRISIS INTERVENTION

Behavioral Health Division
 - Access Line.....800-723-3248
 Peace River Mental Health Crisis.....519-3744
 Rape Crisis.....413-2707
 Tri-County Human Services.....533-4139

CHILD CARE

Early Learning Coalition of Polk.....577-2450
 800-843-9780
 Head Start.....648-3051

COUNSELING & MENTAL HEALTH

Anchor House Ministries (Boys).....665-1916
 Bethany Center (Good Shepherd).....968-1707
 Behavioral Health Adult Counseling.....297-1702
 Fla. Division of Blind Services.....499-2385

Catholic Charities-Lakeland.....686-7153
 Catholic Charities-Winter Haven.....299-7983
 Children's Home Society.....413-3126
 Florida Epilepsy Services.....686-5880
 Fl. Diagnostic and Learning Resource.....647-4258
 Florida Sheriff's Youth Villa.....533-0371
 Frostproof Care Center.....863-635-5555
 Help of Fort Meade.....285-6600
 Lake Wales Care Center.....863-676-6678
 National Alliance for the Mentally Ill.....450-2943
 Neighborhood Service Center.....294-5860
 Peace River Center
 Lakeland.....248-3300
 Polk County Veterans Services.....534-5220
 Women's Resource Center
 Winter Haven.....294-5318
 Salvation Army - Lakeland.....682-8179
 Tri-County Human Services.....533-4139
 Winter Haven Hospital Behavioral
 Health Division.....294-7062

DENTAL CLINICS

Polk County Health Department Dental Clinics
 Auburndale.....965-6333
 Lakeland.....413-2636

DISABILITY SERVICES

Achievement Academy, Inc.....683-6504
 Agency for Persons with Disabilities.....413-3360
 Alliance for Independence.....665-3846
 Arthritis Foundation.....800-283-7800
 Center for Independent Living.....413-2722
 Central Florida Speech & Hearing.....686-3189
 Easter Seals Camp Challenge.....352-383-4711
 Florida Epilepsy Services.....686-5880
 Florida Diagnostic & Learning Resource.....647-4258
 Fla. Div. of Blind Services.....499-2385
 Florida Relay Service (Voice).....800-955-8770
 TTY.....800-955-8771
 Fla. School for the Deaf & Blind.....800-344-3732
 Goodwill Industries.....701-1351
 Gulf Coast Community Care.....904-3000
 Polk County School Board
 - Exceptional Student Ed.....534-0930
 Sunrise Community.....680-2817
 Tampa Lighthouse for the Blind/Polk.....299-3633

DISASTER/EMERGENCY

American Red Cross.....407-894-4141 x5633
 FEMA.....1-800-621-3362
 Special Needs Shelter Registration/Info.....298-7027

EDUCATION RESOURCES

Fl. Diagnostic and Learning Resource.....647-4258
 Learning Resource Center.....688-9477

EMERGENCY SHELTER – YOUTH

George Harris Youth Shelter.....595-0220

EMPLOYMENT & JOB TRAINING

Goodwill Industries/Suncoast Inc.....701-1351
 Experience Works (Seniors).....967-9631
 Career Source Polk.....508-1100
 Lighthouse for the Blind-Polk.....299-3633
 Veterans' Services.....683-5627
 Vocational Rehabilitation – Lkld.....680-5534
 - Wtr. Haven.....291-5280

FAMILY & PARENTING RESOURCES

Family Fundamentals.....686-1221
 Head Start.....648-3051
 Peace River Center Home to Stay.....519-0575

FINANCIAL SUBSIDY COUNSELING

PROGRAMS

Dept. of Children & Families-Access Florida
866-762-2237
 Social Security Administration.....800-772-1213
 Worker's Compensation.....800-342-1741

FOOD, MEDICINE, FINANCIAL AID

Agricultural & Labor Program (ALPI).....956-3491
 Toll Free.....800-330-3491
 Catholic Charities – Lakeland.....686-7153
 Winter Haven.....299-7983
 Church Service Center.....533-5822
 Dept of Children & Families – Access Florida
 (WAGES, Food Stamps, Medicaid) ..866-762-2237
 Family Emer. Service Ctr. of WH.....294-1939
 Frostproof Care Center.....863-635-5555
 Help of Fort Meade.....285-6600
 H.O.P.E. Center.....683-8182
 Lake Wales Care Center.....863-676-6678
 Lighthouse Ministries.....687-3705
 Mulberry Community Service Center.....425-1523
 Neighbor to Family.....537-7712
 Polk Co. Social Services.....534-5387
 Salvation Army – Lakeland.....682-8179
 Winter Haven.....291-5107
 Talbot House Ministries.....687-8475
 WIC (Women, Infants & Children).....519-7542
 Women's Resource Center.....294-5318

HEALTH SERVICES & EDUCATION

| | |
|---|--------------|
| Achievement Academy, Inc..... | 683-6504 |
| American Cancer Society - Lakeland | 688-2326 |
| American Heart Association | 800-242-8721 |
| Amer. Red Cross, Polk Co. Chpt..... | 294-5941 |
| Animal Services | 499-2600 |
| Central Florida Speech & Hearing..... | 686-3189 |
| Central FL Healthcare – Lakeland | 413-8600 |
| Winter Haven | 452-3000 |
| Children’s Medical Services..... | 866-300-6878 |
| Citizen CPR..... | 680-1277 |
| Epilepsy Services of West Central FL..... | 686-5880 |
| Florida Kid Care (Health Insurance)..... | 888-540-5437 |
| Lakeland Volunteers in Medicine | 688-5846 |
| March of Dimes | 687-8909 |
| Mosquito Control..... | 534-7377 |
| National Kidney Foundation..... | 800-927-9659 |
| Peace River Wellness Clinic..... | 519-0930 |
| Polk County Health Department Clinics | |
| Auburndale..... | 965-5400 |
| Bartow..... | 519-7916 |
| Haines City..... | 863-421-3204 |
| Lakeland..... | 413-2620 |
| Lake Wales..... | 863-678-4144 |
| Polk County Health Plan | 533-1111 |
| Talbot House Ministries | 687-8475 |
| We Care | 701-8070 |

HOMELESS SERVICES

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|------------------------------------|----------|
| Lighthouse Ministries | 687-3705 |
| Talbot House Ministries | 687-8475 |
| Salvation Army – Lakeland | 682-8179 |
| Winter Haven (Women&Children)..... | 291-5107 |

HOME HEALTH & HOMEMAKER SERVICES

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|--|----------|
| Good Shepherd Hospice..... | 297-1880 |
| Cornerstone Hospice | 421-1482 |
| Polk County Elderly Services | 534-5320 |
| VISTE (Volunteers in Service to the Elderly) | 284-0828 |

HOUSING: LOW INCOME

LOANS/AFFORDABLE CONSTRUCTION

| | |
|---|----------|
| Habitat for Humanity Restore Lakeland | 688-4660 |
| Habitat for Humanity | 682-3812 |
| Habitat for Humanity - East Polk..... | 292-2256 |
| Keystone Challenge (Loans) | 682-1025 |
| USDA, Rural Development..... | 420-4833 |

HOUSING – Emergency

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|-------------------------------|----------|
| Lighthouse Ministries | 687-3705 |
| Talbot House Ministries | 687-8475 |

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|---|----------|
| Salvation Army – Lakeland | 682-8179 |
| Winter Haven (Women&Children)..... | 291-5109 |
| Women’s Care Ctr. (Women&Children)..... | 534-5822 |

HOUSING ASSISTANCE

| | |
|------------------------|--------------|
| Housing Authority | |
| Bartow..... | 533-6311 |
| Haines City..... | 294-7369 |
| Lake Wales | 863-676-7414 |
| Lakeland | 687-2911 |
| Winter Haven | 294-7369 |
| Section 8 Housing..... | 534-5240 |
| HUD..... | 813-228-2026 |

HOUSING REHABILITATION

| | |
|---|---------------|
| City of Lakeland - Housing Division | 834-3360 |
| Housing & Neighborhood Developmt..... | 534-5240 |
| Lake Wales Care Center..... | 863-676-6678 |
| USDA, Rural Development..... | 420-4833 |
| Wntr Haven Community Dvlmnt | 291-5600x 238 |

HOUSING TRANSITIONAL

| | |
|--|--------------|
| Lake Wales Care Center (Families)..... | 863-676-6678 |
| Salvation Army-Lakeland | 682-8179 |
| Talbot House Ministries | 687-8475 |
| Tri-County Human Services | 299-7003 |
| Women’s Care Center (Women & Children)..... | 534-5822 |

LEGAL SERVICES

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|---|--------------|
| Dept. of Revenue (Child Support) | 800-622-5437 |
| Florida Rural Legal Services (Civil) | 688-7376 |
| Heart of Florida Legal Aid Society (Divorce) | 519-5663 |

MIGRANT SERVICES

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|---|--------------|
| Agricultural & Labor Program (ALPI) | 956-3491 |
| Toll Free | 800-330-3491 |
| Farmworkers Ministry | 967-9583 |
| Immigration Services..... | 800-375-5283 |
| Migrant Education..... | 534-0655 |
| Social Security Administration | 800-772-1213 |

PARENT EDUCATION & SUPPORT

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|--|----------|
| Family Fundamentals..... | 686-1221 |
| Health Dept. (Healthy Start)..... | 534-9224 |
| Healthy Families Polk | 534-5257 |
| Peace River Center Family Builders | 248-3311 |

PERSONAL DEVELOPMENT

| | |
|--------------------------------------|----------|
| American Red Cross-Polk..... | 294-5941 |
| Big Brothers/Big Sisters | 682-5191 |
| Boys & Girls Clubs of Lakeland | 686-1719 |
| Camp Fire USA Sunshine Council..... | 688-5491 |

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|---|--------------|
| Citrus Center Boys & Girls Club..... | 967-1532 |
| Girls Incorporated - Lakeland | 682-3002 |
| Winter Haven | 967-2864 |
| Gulf Ridge Council, Boy Scouts..... | 888-533-2775 |
| Heart of Florida Girl Scout Council | 688-7648 |
| Learning Resource Center | 688-9477 |
| Parks and Recreation Dept | 534-0120 |
| Women’s Resource Center Winter Haven | 294-5318 |
| YMCA – Lakeland..... | 644-3528 |
| Lake Wales | 863-676-9441 |

PRESCRIPTION PROGRAMS

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|----------------------------|----------|
| Familywize.org | |
| Freemedicinerevolution.com | |
| Med-Net | 519-2042 |
| Needy meds.com | |
| Pparx.org | |
| TogetherRxaccess.com | |

SENIOR CITIZENS SERVICES

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|---|--------------|
| Alzheimer’s Information Line..... | 292-9210 |
| American Assoc. of Retired Persons..... | 866-595-7678 |
| Catholic Charities | |
| Lakeland | 686-7153 |
| Winter Haven | 299-7983 |
| Dept. of Children & Families | 534-7100 |
| Elder Helpline..... | 800-963-5337 |
| Elder Point..... | 682-7249 |
| Faith in Action..... | 686-0009 |
| Lake Morton Senior Center..... | 687-2988 |
| Neighborhood Service Center..... | 294-5860 |
| Polk County Elderly Services..... | 534-5320 |
| Seniors vs. Crime | 577-1672 |
| Volunteers in Service to the Elderly..... | 284-0828 |
| West Central FL Agency on Aging..... | 800-336-2226 |
| West Central Florida YMCA..... | 644-3528 |

TRANSPORTATION

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|----------------------------------|----------|
| Citrus Connection | 688-7433 |
| Division of Motor Vehicles | 499-2323 |
| Tag Agency-Bartow | 534-4700 |
| Tag Agency-Lakeland..... | 499-2351 |
| PT Connect (Bus Service)..... | 534-5500 |

VOLUNTEERING

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|--|----------|
| Guardian-ad-Litem | 534-4605 |
| Retired Senior Volunteer Program (RSVP)..... | 534-5249 |
| Service Corps of Retired Executives..... | 619-5783 |
| Volunteer Polk | 534-5580 |
| VISTE (Volunteers in Service to the Elderly) | 284-0828 |

One call to find help, whether you’re looking for family counseling, camps for kids, or assistance for an aging parent in Polk, Hardee, and Highlands County. 2-1-1’s trained referral specialists will connect you with a program that can help you. Dial 2-1-1 or 863-648-1515.

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FIND HELP FAST DIAL 2-1-1
INFORMATION & REFERRAL

Toll Free 800.881.UWAY (8929)
TDD 648.1515

